

# Support Mental Health in Schools

## Leadership Series

### A PK-12 System Approach to Support Mental Health in Our Schools

Three-Session Series focusing on Mental Health and Trauma Response for Students and Staff.

#### Part 1: *Teach to Heal: Foundation & Recovery*

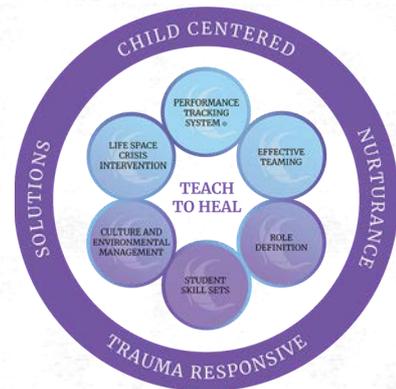
- June 28 repeated September 26, 2022

#### Parts 2 & 3: *Teach to Heal: Role Definition & Culture and Environmental Management*

- September 27, 2022

#### Part 4: *Teach to Heal: Setting the Interdependent Table*

- February 6, 2022



Brought to you by Iowa ASCD and ISEA

[Link to Flyer](#) and [Overview](#) on [Iowa ASCD homepage](#)





## Why Attend?

- Let's be honest. The last two years have been demanding, challenging, and tough.
- These sessions will provide clarification of our roles in supporting ourselves and students.
- According to the National Center for Mental Health Promotion and Youth Violence Prevention 25% to 30% of children experience trauma.
- That number has likely increased due to numerous, sudden and drastic changes – bringing mental stress, loss and turmoil into our lives
- We must understand that in adult-managed places, like schools, there are children who do not trust the guidance of adults. This is not because of anything the school staff have created.
- A perception is formed over time based on the experiences that children have through adults.
- We have to teach adults how to make necessary adjustments, so that children can increase their capacity to tolerate their guidance.

**Who should attend:** School Leadership Teams including administrators, school counselors, behavioral interventionists, social workers, school psychologists, teachers, health workers, community liaisons.

**COST How:** Check with your district for funding through *Title Four* and *Elementary and Secondary School Emergency Relief Fund (ESSER Fund)* and the *American Rescue Plan (ARP)*, under the *Coronavirus Aid Relief, and Economic Security (CARES) Act* Funding Alignment to support your attendance, as this training addresses issues schools are facing due to the pandemic.

**\*\*\* Special Offer!! School Counselors** who are members of Iowa State Education Association are supported through the Ross Trust Charitable Fund managed through ISEA and all costs including lodging and registration will be covered through Ross Trust reserve funds because this is an ISEA co-sponsored event. (For more information please contact Cindy Swanson, [cindy.swanson@isea.org](mailto:cindy.swanson@isea.org))

**Where:** Des Moines

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## Led by Danielle Theis

presenter and national consultant on mental health and trauma-responsive schools.  
([teachtoheal.org](http://teachtoheal.org))

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## Session Descriptions

## Part 1: Foundation & Recovery

In order for schools to become Trauma Responsive, they must first comprehend the true impact trauma has on children's ability to be responsive to adult managed places and learning environments. Teach to Heal's Foundational training will cover these components to set the stage for the remainder of the series. Teach to Heal's Recovery training will focus on the impact of the last two years of events and how our educational leaders should plan to support professionals, student support staff, and our students.

June 28, 2022 (Option A) Face to Face

Repeated September 26, 2022 (Option B) Face to Face

## Parts 2 & 3: Role Definition & Culture and Environmental Management

Pre-Requisite: Part 1

As schools move toward Trauma Responsive Strategies they must provide clarity around role definition. This sounds easier than it is. Teach to Heal's Role Definition and Culture and Environmental Management training focuses on the imperative nature of clear role definition in our schools. We will also focus on what must be in place in our systems to establish and maintain cultures that foster what is necessary to meet the needs of ALL our students. In addition, we will define how to utilize the learning environment as an instructional tool to maximize student engagement and progress.

September 27, 2022 Face to Face

## Part 4: Setting the Interdependent Table

Pre-Requisite: Parts 1, 2, 3

This day of learning will allow us the opportunity to review and discuss implementation thus far. We will share our challenges and talk about how to move forward. Teach to Heal's Setting the Interdependent Table training will assist leaders in maintaining effective teaming processes inclusive of solution focused thinkers integrating their awareness of trauma responsive strategies with the perceptions of those they serve. This is the most critical discussion we have as educators. Our kids and the success of our schools depends on it.

February 6, 2022 Face to Face Virtual snow date of Feb 27, 2023

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## Registration Information

Two Options:

1. June 28, September 27, February 6
2. September 26, September 27, February 6

Registration: <https://iowaascd.org> events tab

\*Renewal Credit: One Iowa License Renewal Credit will be available if attending all 3 sessions.

\*\*\*See Special Offer below for School Counselors who are members of ISEA!

Questions? Contact us:

Cindy Swanson, ISEA [cindy.swanson@isea.org](mailto:cindy.swanson@isea.org)

Lou Howell, Iowa ASCD Executive Director, [louhowell@gmail.com](mailto:louhowell@gmail.com)



## June Option

**June Option:** June 28th, September 27th, February 6th

<https://iowaascd.org> events tab

- **Early Bird: through June 2, 2022**
    - Iowa ASCD Members: **\$600** includes all three sessions
    - Non-Members of Iowa ASCD: **\$645** includes all sessions & 1-year membership in Iowa ASCD
  - **After June 2, 2022**
    - Iowa ASCD Members: **\$645** (all 3 sessions)
    - Non-Members Iowa ASCD: **\$690** (all sessions & 1-year membership)
  - **Where:**
    - June 28, 2022, FFA Center, FFA Enrichment Center, 1055 SW Prairie Trail Parkway in Ankeny, IA 50023
    - September 27, 2022 & February 6, 2023 - Sheraton West Des Moines, 1800 50th St, West Des Moines, IA 50266
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## September Option

**September Option:** September 26th, Sept. 27th, February 6th <https://iowaascd.org> events tab

- **Early Bird: through September 1, 2022**
    - Iowa ASCD Members: **\$600** includes all three sessions
    - Non-Members of Iowa ASCD: **\$645** includes all sessions & 1-year membership in Iowa ASCD
  - **After September 1, 2022**
    - Iowa ASCD Members: \$645 (all 3 sessions)
    - Non-Members Iowa ASCD: \$690 (all sessions & 1-year membership)
  - **Where:** All sessions - Sheraton West Des Moines, 1800 50th St, West Des Moines, IA 50266
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**\*\*\*Special Offer!! School Counselors who are members of ISEA registration fee & hotel room is funded through the Ross Charitable Trust Reserve Funds.**

To register: In the payment section – **select PO and type ISEA in the blank.**

For those who register with a P.O.

Address to Iowa ASCD Email the PO to: Becky Martin at [rjmartin@mchsi.com](mailto:rjmartin@mchsi.com)

**OR US Mail to:** Iowa ASCD, Attn: Lou Howell, Executive Director, 2555 Pine Circle, Urbandale, IA 50322

**Lodging:** More information soon!

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## Introducing Danielle Theis

Danielle Theis has served children and families since 1990. She has provided leadership in schools for children struggling significantly with behavior along with management of their mental health and the impacts of trauma, since 2000. Danielle is a Special Education Director, Principal, and Psychotherapist. Her unique lens is a combination of what is clinically and educationally appropriate for children. Danielle is a dynamic and engaging presenter with a true passion for kids who struggle in school. She currently serves as the Director of Special Services in Owatonna, Minnesota.



Danielle is one of 20 Master Trainers for Life Space Crisis Intervention in the world. She is acknowledged by the Minnesota Department of Education as an expert in reducing restrictive procedures and working effectively with children who display significant behavioral challenges.

[teachtoheal.org](http://teachtoheal.org)



**Lou Howell**

Lou is using Smore to create beautiful newsletters