



Teach to Heal: Systemic Approach to Support Mental Health in Our Schools

Sponsored by Iowa State Education Association & Iowa ASCD

Summer 2024: June 10-12

We know that the mental health of our students is at the top of our lists as educators. We know their needs are increasingly complex and we know our staff are increasingly exhausted. We cannot continue to attempt to meet the needs of our students the way we have in the past hoping for a different result. Our systems are built to get the results they are getting... and it is time for a paradigm shift.

Join Danielle Theis, mental health, and trauma expert, as she guides us toward a road map for change. Systemic change that aligns to the reality of what works for the people we serve. Systems must align to how people function and what truly supports them to move forward. If you choose to be an educator, you choose to support vulnerable children... our staff must be given the proper systemic support to do so. This work must be led by champions who understand how to best meet the needs of our children through the adults that serve them. The initial adjustments always come through the adults... children are just bringing what their life experiences have taught them... enter a solution focused discussion regarding how to build that system together.

Day 1 & 2: The WHY, the WHO, and the HOUSE

Participants will explore the impact of varying factors on the mental health of our students. The WHY of the work will be outlined as a strong foundation which will serve as a platform for the remainder of the series. School culture, and corresponding adult beliefs and attitudes, will be outlined as imperative forces on effective education systems for WHO we serve. Participants will identify and discuss the components working for, and against, their systems and develop a plan for moving forward as a united front. Teams will walk away with applicable tools that have the capacity to change the trajectory of their system and who they serve in the HOUSE we call school.

Day 3: Setting the Interdependent Table

Participants will have the opportunity to share their experiences following application of day one and two. Successes and barriers will be discussed with a focus on solutions. Clear role definition will be outlined as an imperative component of the Teach to Heal work. Teams will be introduced to Life Space Crisis Intervention as a highly effective strategy for children who struggle with maladaptive patterns and dysregulation. Teams will leave with an understanding of how to introduce and support this intervention modality within the structure and culture of a healthy "house."

Teach to Heal is an infrastructure for schools who are seeking to integrate the necessary components to meet the needs of all learners. This is not the easier path... but it is right for kids. Come start your Teach to Heal journey with this series.

Who should attend: Administrators, School Counselors, Behavior Interventionists, Teachers, Mental Health Staff, Leadership teams.

When: June 10-12, 2024

When: 8:00 am – 4:00 pm Breakfast & Lunch Provided

Lodging: **Holiday Inn & Suites Des Moines – Northwest**,
4800 Merle Hay Rd, Urbandale, IA 50322 **Rate:** \$104+tax

Registration <https://iowaascd.org> events tab

- **Early Bird: through May 10, 2024**
 - Iowa ASCD Members: **\$600** includes all three sessions.
 - Non-Members of Iowa ASCD: **\$645** includes all sessions & 1-year membership in Iowa ASCD
- **After May 10, 2024**
 - Iowa ASCD Members: \$645 (all 3 sessions)
 - Non-Members Iowa ASCD: \$690 (all sessions & 1-year membership)

****Attention:** **School Counselors who are members of the Iowa State Education Association will have their registration costs covered (includes the registration fee, lodging, and license renewal credit) through the Ross Trust Reserve Funds.

Iowa ISEA School Counselors:

-- **MUST register** - put **ISEA in the PO blank**

-- **Hotel lodging:** contact Colleen Heinz for your room reservation. Colleen.Heinz@isea.org

One License Renewal Credit available through ISEA Academy

Please send the PO information to:

*Iowa ASCD, Attn: Lou Howell and Sara Oswald
338 North First Street, West Branch, IA 52358
or email to: Rebecca Martin: rjmartin@mchsi.com*

Danielle Theis is a national consultant on mental health and trauma-responsive schools and Master Trainer for Life Space Crisis Intervention Program. danielletheisconsulting.com

We look forward to learning with you!

Dr. Susan Pecinovsky specinovsky0820@gmail.com

Colleen Heinz, ISEA Teaching & Learning Specialist, Colleen.Heinz@isea.org

Registration/Cancellation Questions: Contact Becky Martin

rjmartin@mchsi.com [319-533-8050](tel:319-533-8050)

[Cancellation Policy Link](#)