



Instructional Coaches Camps: Update
Teacher Huddles: Update
Teach to Heal- Mental Health in School

- January 16, January 19, February 29
- March 4, March 5, April 8

Life Space Crisis Intervention Certification (LSCI)

- Jan. 29 - Feb 2, 2024
- June 17 - June 21, 2024
- July 15 - July 19, 2024



Event Updates!



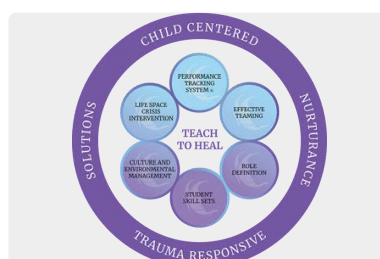
Iowa ASCD has learned that school districts and buildings are dealing with substitute, budget, and other issues at this time of year. We are going to honor these concerns and explore opportunities to **offer coaching and teacher huddle sessions in April and/or June.**

When new dates are established, they will be posted.



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Mental Health: Teach to Heal Series 3-day sessions

Winter Session: January 16 & 19 & February 29, 2024

Spring Session: March 4 & 5, and April 8, 2024

Register Below!

[Who-What-When!](#)

[Session Descriptions & Outcomes](#)



Life Space Crisis Intervention Certification

January 29 - February 2, 2024 [Registration Link](#)

June 17 - June 21, 2024

July 15 - July 19, 2024

Coaching Camps & Teacher Huddle Update

Iowa ASCD has learned that school districts and buildings are dealing with substitute, budget, and other issues at this time of year. We are going to honor these concerns and explore opportunities to **offer coaching and teacher huddle sessions in April and/or June.**

When new dates are established, they will be posted.

[Coaching Session Descriptions & Outcomes](#)

All Dates Pending

- Learning Walks
- Collaborative Coaching Partnerships/Collective Efficacy
- Elevating Coaching

[Teacher Huddle link to Descriptions & Outcomes](#)

Goal of Teacher Huddles:

1. to provide learning opportunities for teachers to enhance their efficacy and effectiveness in planning, delivering, and assessing core instruction that meets the needs of all learners.
2. to engage educators in building the capacity as leaders of teaching and learning.

Facilitator by Natalie Szakacs from NIET

Topics - All Dates Pending

- Planning for High Quality Instruction-The Critical Links of Core Instruction



- Effectively Using Student Work to Understand Student Progress and Make Intentional Instructional Decisions
- Who's Doing the Thinking and Problem Solving? and Strengthening Learning Engagement to Build Student Ownership of Learning.
- Maximizing Student Ownership of Learning

Questions? Contact, Dr. Susan Pecinovsky specinovsky0820@gmail.com

Lou Howell, louhowell@gmail.com

Registration Questions? Contact Becky Martin rjmartin@mchsi.com

Teach To Health - Addressing Mental Health in Our School's



This series is about creating a system in the school to support students of trauma and/or behavior issues and provide staff with information, support and tools.



As you are aware, today's school environment has changed. There are new and different issues with student behaviors and educators are finding that previous techniques are not effective.



A new paradigm is needed - a whole school approach- so both teachers and students are supported.

This series provides a foundation/framework upon which to build a school wide system. One that can be built upon with tools, resources, and support.

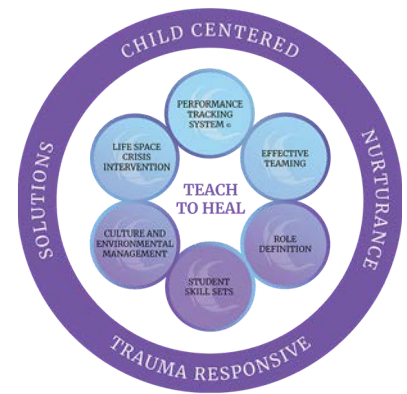
We must be Solution Focused!

Mental Health - Teach To Heal

2023-2024 Iowa State Education Association & Iowa ASCD

Teach to Heal: Systemic Approach to Support Mental Health in Our Schools

3-Day Session



Winter Session: January 16 & 19 & February 29, 2024

Spring Session : March 4th, 5th, April 8th, 2024 (8:00 – 4:00 pm)

Registration Link!

*** **WOW Offer!!! School Counselors** who are members of Iowa State Education Association.

Why Attend:

- We know that the mental health of our students is at the top of our lists as educators.
- We know their needs are increasingly complex and we know our staff are increasingly exhausted.
- We cannot continue to attempt to meet the needs of our students the way we have in the past hoping for a different result.

Talk today and bring your Team to:

- Learn and determine your *current state of response*
- Discuss & develop the foundation of your system
- Plan to create & implement an action plan.

Once your *current state of response* is determined and the foundation/system is in place - - actions/needs can be determined and resources from the Scanlon Center can be best accessed.

Who Should Attend? School Leadership Teams including administrators, school counselors, behavioral interventionists, social workers, school psychologists, teachers, health workers, community liaisons.

Day 1 & 2: The WHY, the WHO, and the HOUSE

Winter: January 16 & 19, 2024 or Spring: March 4 & 5, 2024

Participants will explore the impact of varying factors on the mental health of our children. They will establish a clear understanding of the neurological and psychological implications of trauma on children and their learning. The WHY of the work will be outlined within a strong foundation which will serve as a platform for the remainder of the series. School culture will be outlined as an imperative part of effective educational systems. Participants will learn and discuss the components working for, and against, their systems and develop a plan for moving forward as a united front. Teams will walk away with applicable tools, and clarity surrounding role definition, that have the capacity to change the trajectory of their system and who they serve. Schools are the "houses" that education occurs within... the results we achieve have a direct correlation to the health of the "house" itself. Teams will leave with action steps to implement prior to day three.

Day 3: Setting the Interdependent Table

Winter: February 29, 2024 or Spring: April 8, 2024 (Pre-requisite Day 1 & 2)

implementation following day one and two. Identified successes and barriers will be discussed with a focus on solutions. Teams will be introduced to Life Space Crisis Intervention as a highly effective strategy for children who struggle with maladaptive behavior patterns and dysregulation. Teams will leave with an understanding of how to introduce and support this intervention modality within the structure and culture of a healthy "house" and the partnering components of Teach to Heal. In addition, tools will be introduced to assist teams in preparing for high quality teaming within their systems.

Teach to Heal is an infrastructure for schools who are seeking to integrate the necessary components to meet the needs of all learners. This is not the easier path... but it is right for kids. *Come start your Teach to Heal journey with this series.*

Who should attend: Administrators, School Counselors, Behavior Interventionists, Mental Health Staff.

Winter Session Details and Registration

When: January 16 & 19, and February 29, 2024

8:00 am - 4:00 pm

Where: Clear Lake AEA, 9184 265th St Suite B, Clear Lake, IA 50428

Registration: <https://iowaascd.org> events tab

- **Early Bird: through December 15, 2023**

- Iowa ASCD Members: **\$600** includes all three sessions
- Non-Members of Iowa ASCD: **\$645** includes all sessions & 1-year membership in Iowa ASCD

- **After December 15, 2023**

- Iowa ASCD Members: \$645 (all 3 sessions)
- Non-Members Iowa ASCD: \$690 (all sessions & 1-year membership)

*****Special Offer!! School Counselors who are members of ISEA registration fee & lodging can be reimbursed by** filling out the regular Ross Trust application on the ISEA website for approval and submit a receipt for reimbursement after they attend the event. Submit questions to Cindy Swanson ISEA cindy.swanson@isea.org

For those who register with a P.O.

Address to Iowa ASCD Email the PO to: Becky Martin at rjmartin@mchsi.com

OR US Mail to: Iowa ASCD, Attn: Lou Howell, Executive Director, 835 NE Boston Parkway #4413, Waukee, IA 50263

***Renewal Credit:** One Iowa License Renewal Credit will be available if attending all 3 sessions.

Questions? Contact, Dr. Susan Pecinovsky specinovsky0820@gmail.com

Lou Howell, louhowell@gmail.com

Registration Questions? Contact Becky Martin rjmartin@mchsi.com

Spring Session Details and Registration

Winter Session - Registration Information

Spring Session : March 4th, 5th, April 8th, 2024

8:00 – 4:00 pm

Where: West Des Moines Hilton Garden Inn, 205 S 64th Street, West Des Moines

One License Renewal Credit available through ISEA Academy

Registration <https://iowaascd.org> events tab

· **Early Bird through January 8, 2024**

Iowa ASCD Members: \$600.00

· Iowa ASCD Non-members: \$645.00 (includes a one-year membership in Iowa ASCD)

After January 8, 2024

· Iowa ASCD Members: \$640.00

· Iowa ASCD Non-members: \$690.00 (includes a one-year membership in Iowa ASCD)

****No cost to ISEA School Counselor Members** (includes lodging and License Renewal reimbursement)

Iowa ISEA School Counselor MUST register - put ISEA in the PO blank

***** WOW Offer!!! School Counselors** who are members of Iowa State Education Association are supported through the Ross Trust Charitable Fund managed through ISEA and **all costs including lodging and registration will be covered through Ross Trust Reserve Funds** because this is an ISEA co-sponsored event. (For more information please contact Cindy Swanson, cindy.swanson@isea.org)

Lodging: West Des Moines Hilton Garden Inn, 205 S 64th Street, West Des Moines

Rate: TBD

Questions? Contact, Dr. Susan Pecinovsky specinovsky0820@gmail.com

Lou Howell, louhowell@gmail.com

Registration Questions? Contact Becky Martin rjmartin@mchsi.com

Introducing Danielle Theis

Danielle Theis has served children and families since 1990. She has provided leadership in schools for children struggling significantly with behavior along with management of their mental health and the impacts of trauma, since 2000. Danielle is a Special Education Director, Principal, and Psychotherapist. Her unique lens is a combination of what is clinically and educationally appropriate for children. Danielle is a dynamic and engaging presenter with a true passion for kids who struggle in school. She currently serves as the Director of Special Services in Owatonna, Minnesota.



Danielle is one of 20 Master Trainers for Life Space Crisis Intervention in the world. She is acknowledged by the Minnesota Department of Education as an expert in reducing restrictive procedures and working effectively with children who display significant behavioral challenges.

teachtoheal.org

What People are Saying about this Series

Led by Danielle Theis A national consultant on mental health and trauma-responsive schools.



We have a plan for the students we have today!! Excited to learn 'new to us' techniques and interventions that will lead to success for students and less stress for us! Middle School Team

We started building our foundation - our system that will benefit ALL students and staff!! No more piecemeal attempts. Excited to share and for staff to participate in creating our action plan. School Leadership Team

Everyone who teaches should take it! The interventions, brain development, the effect that trauma has on the brain, and how best to teach students who are dysregulated. I plan to begin using the interventions and using the language right from the first day of school. Teacher

This was the best training/preparation for school that I have ever had. I am fortunate to be part of a school district that provides this type of training for its employees! Teacher

Danielle did a fantastic job meeting people where they were at and encouraging them. She provided feedback consistently and was very knowledgeable. I really enjoyed learning from her! Special Education Consultant



Iowa ASCD

Iowa ASCD is using Smore to create beautiful newsletters

