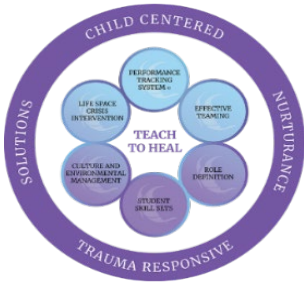
A PK-12 Systemic Approach to Support Mental Health in Our Schools!

Iowa ASCD & ISEA Co-Sponsor the Learning Series Addressing Mental Health Needs in Our Schools!



What about the mental health of today's youth?
What about the violence to & by the youth of today?
What is the role of educators?
What are the signs of trouble?
What is your plan?

Do not miss this three-part series for your leadership team!
December 12, December 13, and February 6, 2023 (virtual snow date of Feb 27, 2023)

Facilitated by Danielle Theis, national consultant on trauma-responsive schools. (teachtoheal.org)

Why Attend

- Let's be honest. The **last two years have been demanding, challenging, and tough**.
- **Today's education environment is not the same post-pandemic!**
- These sessions will provide clarification of **our roles in supporting ourselves and students**.
- According to the National Center for Mental Health Promotion and Youth Violence Prevention **25% to 30% of youth experience trauma**. That number **has likely increased** due to numerous, sudden and drastic changes – bringing mental stress, loss and turmoil into our lives
- We must be **aware, and solution focused.**
- We must **have a systemic team plan.**

Attend with a team to build your Foundation and System Action Plan.
Use the Action Plan to determine entry points and sessions from the Scanlan Center for School Mental Health.

Teacher retention an issue for your district?
Join us to earn how to support the educators in this changed education environment.
Support for Staff & Students! Register your team today! Events tab
Special Offer for Counselors that are members of ISEA. Registration and Lodging covered by Ross Trust!

Who should attend: School Leadership Teams including administrators, school counselors, behavioral interventionists, social workers, school psychologists, teachers, health workers, community liaisons.

Funding Options: Check with your district for funding through *Title Four* and *Elementary and Secondary School Emergency Relief Fund (ESSER Fund)* and the *American Rescue Plan (ARP),* under the *Coronavirus Aid Relief, and Economic Security (CARES) Act* Funding Alignment to support your attendance, as this training addresses issues schools are facing due to the pandemic.

Part 1: Teach to Heal: Foundation & Recovery
December 12, 2022
In order for schools to become Trauma Responsive, they must first comprehend the true impact that trauma has on children's ability to be responsive to adult managed places and learning environments. *Teach to Heal's Foundational* training will cover these components to set the stage for the remainder of the series. *Teach to Heal's Recovery* training will focus on the impact of the last two years of events and how our educational leaders, including school counselors, should plan to support professionals, student support staff, and our students.

Part 2 & 3: Teach to Heal: Role Definition & Culture and Environmental Management
December 13, 2022 (Pre-requisite Part 1)
As schools move toward Trauma Responsive Strategies they must provide clarity around role definition. This sounds easier than it is. *Teach to Heal's Role Definition and Culture and Environmental Management* training focuses on the imperative nature of clear role definition in our schools. We will also focus on what must be in place in our systems to establish and maintain cultures that foster what is necessary to meet the needs of ALL our students. In addition, we will define how to utilize the learning environment as an instructional tool to maximize student engagement and progress.

Part 4: Teach to Heal: Setting the Interdependent Table
February 6, 2023 (Face to Face) Virtual Snow Date is Feb 27, 2023, if needed (Pre-requisite Part 2 & 3)
This day of learning will allow us the opportunity to review and discuss implementation thus far. We will share our challenges and talk about how to move forward. Teach to Heal's Setting the Interdependent Table training will assist leaders in maintaining effective teaming processes inclusive of solution focused thinkers integrating their awareness of trauma responsive strategies with the perceptions of those they serve. This is the most critical discussion we have as educators. Our kids and the success of our schools depends on it.

Join Danielle Theis, a trauma expert, Psychotherapist, Principal, and Special Education Director, (teachtoheal.org) as we start this journey together!
Lock these dates on your calendar and **bring your leadership team…..**

- Part 1: December 12, 2022
- Parts 2 & 3: December 13, 2022
- Part 4: February 6, 2023 (virtual snow date Feb 27, 2023)

Daily Schedule:
8:30 am – 4:00 pm

- 8:30 am: Check-in, light breakfast items available
- 9:00 am – 4:00 pm in session
- Lunch provided on site

Where:

- December 12, 2022, December 13, 2022, February 6, 2023: West Des Moines Sheraton Hotel, 1800 50th St, West Des Moines, IA 50266 - Parking on site and free.

Lodging: West Des Moines Sheraton Hotel.
Rate = $119/night + tax Dates Available: December 11 & 12. (Sunday, Monday)
Book by November 21, 2022
Reservation Link: Book your group rate for Iowa State Education Association Ross Trust School Counselor meeting.
Or ask for the rate for ISEA : Iowa State Education Association School Counselor Meeting

Funding Options: Check with your district for funding through *Title Four* and *Elementary and Secondary School Emergency Relief Fund (ESSER Fund)* and the *American Rescue Plan (ARP),* under the *Coronavirus Aid Relief, and Economic Security (CARES) Act* Funding Alignment to support your attendance, as this training addresses issues schools are facing due to the pandemic.

***** Special Offer!! School Counselors** who are members of Iowa State Education Association are supported through the Ross Trust Charitable Fund managed through ISEA and **all costs including lodging and registration will be covered through Ross Trust reserve funds** because this is an ISEA co-sponsored event. (For more information, please contact Cindy Swanson, cindy.swanson@isea.org)

Registration: https://iowaascd.org events tab

*****See Special Offer Below for School Counselors who are members of ISEA!**

December 12 , December 13, February 6th https://iowaascd.org events tab

- **Early Bird: through November 24**
  - Iowa ASCD Members: **$600** includes all three sessions
  - Non-Members of Iowa ASCD: **$645** includes all sessions & 1 year membership in Iowa ASCD
- **After November 24, 2022**
  - Iowa ASCD Members: $645 (all 3 sessions)
  - Non-Members Iowa ASCD: $690 (all sessions & 1 year membership)
- **Where**: All sessions - Sheraton West Des Moines, 1800 50th St, West Des Moines, IA 50266

For those who register with a P.O.
Address to Iowa ASCD Email the PO to: Becky Martin at rjmartin@mchsi.com
OR US Mail to: Iowa ASCD, 338 North First Street, West Branch, Iowa 52358

******Special Offer!!*** **School Counselors who are members of ISEA registration fee and hotel room is funded through the Ross Charitable Trust Reserve Funds.**

To register: In the payment section – **select PO and type ISEA in the blank**.

***Renewal Credit: One Iowa License Renewal Credit available if attending all 3 sessions.**

We look forward to learning with you!

Lou Howell, Iowa ASCD louhowell@gmail.com
Cindy Swanson, ISEA Teaching & Learning Specialist, cindy.swanson@isea.org
Becky Martin, Iowa ASCD, rjmartin@mchsi.com

Iowa ASCD Event Cancellation Policy: If you are unable to attend, please send your cancellation in writing 14 calendar days prior to the start of the program to request a credit voucher. Within 14 days of the start of the program, you are ineligible for a credit voucher but may send a non-registered person in your place with registration confirmation or written authorization form you.

Registration/Cancellation Questions: Contact Becky Martin rjmartin@mchsi.com 319-533-8050